

## Whitbread PUBs



**COOKHOUSE+PUB**

### *Allergy Information Guide Information:*

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any **"may contains"** information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut), Pecan, Pistachio, Walnut) and products thereof.**

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

**Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

## KEY FOR WHITBREAD PUBS ALLERGY INFORMATION GUIDE

**Yes** The allergen is present

**Yes** Suitable for ovo-lacto vegetarians/ vegans

**No** Not suitable for ovo-lacto vegetarians/ vegans

COOKHOUSE+PUB



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PUB AUTUMN WINTER DRINKS</b>																				
<b>COCKTAILS</b>																				
APEROL SPRITZ	NO	NO											Y							
PORNSTAR MARTINI	NO	NO											Y							
SEX ON THE BEACH	NO	NO																		
ZOMBIE	NO	NO											Y							
BERRY MARGARITA	YES	YES																		
PINA COLADA	YES	NO						Y												
THE GODFATHER	YES	NO																		
BLUE LAGOON	NO	NO											Y							
<b>VIRGIN COCKTAIL</b>																				
NO-PASSION-TINI	NO	NO																		
<b>MOCKTAILS</b>																				
APPLE & RASPBERRY SMASH	YES	YES																		
PASSION & SPICE	YES	NO																		
ORANGE FIZZ	YES	YES																		
<b>GIN SERVES</b>																				
BERRY GOOD GIN	YES	NO																		
SPICED RHUBARB FIZZ	YES	NO																		
LEMON SHERBET	YES	NO																		
CITRUS ORANGE FIZZ	YES	YES																		
<b>SPIRITS</b>																				
<b>GIN</b>																				
TARQUIN'S RHUBARB & RASPBERRY GIN 70CL	YES	YES																		
TARQUIN'S BRITISH BLACKBERRY GIN	YES	NO																		
WHIT NEILL RHUBARB & GINGER 70CL	YES	YES																		
WHITLEY NEILL RASPBERRY	YES	YES																		
TANQUERAY SEVILLA ORANGE	YES	YES																		
BOMBAY CITRON PRESSE	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
HENDRICKS 70CL	YES	YES																		
<b>RUM</b>																				
CAPTAIN MORGAN SPICED RUM	NO	NO																		
CAPTAIN MORGAN DARK RUM	NO	NO																		
CAPTAIN MORGAN WHITE 6X70CL	YES	NO																		
MOUNT GAY ECLIPSE RUM	YES	YES																		

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			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>WHISKEY/ WHISKY</b>																				
JAMESON IRISH WHISKEY	YES	YES																		
JACK DANIELS NO.7	YES	YES																		
JACK DANIELS NO.7	YES	YES																		
JOHNNIE WALKER RED LABEL	YES	YES																		
GLENFIDDICH MALT 12 YO	YES	YES																		
TALISKER	NO	NO																		
SHANKYS WHISKEY BLEND	YES	YES																		
<b>VODKA</b>																				
SMIRNOFF RED	NO	NO																		
ABSOLUT ORIGINAL 70CL	YES	YES																		
ABSOLUT RASPBERRI 70CL	YES	YES																		
<b>MIXERS</b>			<b>SEE BOTTLE FOR ALLERGENS</b>																	
<b>SHOTS</b>																				
SIERRA TEQUILA SILVER	YES	YES																		
SIERRA TEQUILA REPOSADO	YES	YES																		
ANTICA CLASSIC SAMBUCA	YES	YES																		
ANTICA BLACK SAMBUCA	YES	YES																		
ANTICA RASPBERRY SAMBUCA	YES	YES																		
TEQUILA ROSE	YES	NO																		
<b>BOMBS</b>																				
JAGERBOMB	NO	NO																		
SKITTLE BOMB	NO	NO																		
BERRY BOMB	YES	NO																		
<b>WINES</b>																				
<b>REFRESHING WHITES</b>																				
THE NED, SAUVIGNON BLANC	YES	YES																		Y
MUD HOUSE, SAUVIGNON BLANC	NO	NO																		Y
JAM SHED CHARDONNAY	NO	NO							Y	Y	Y									Y
CATARRATTO, PINOT GRIGIO	NO	NO																		Y
ANDREW PEACE CHARDONNAY	YES	NO								Y										Y
VISTAMAR MATINAL, SAUVIGNON BLANC	NO	NO																		Y
DIAMOND BAY, CHENIN BLANC	NO	NO									Y									Y

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			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SUMPTUOUS REDS</b>																				
CAMPO VIEJO, RIOJA	NO	NO																		Y
FLAGSTONE POETRY MERLOT	NO	NO																		Y
JAM SHED SHIRAZ	NO	NO						Y	Y											Y
FINCA DEL ALTA MALBEC	YES	YES																		Y
ANDREW PEACE SHIRAZ	YES	YES																		Y
VISTAMAR MATINAL, MERLOT	YES	YES																		Y
<b>CRISP ROSE</b>																				
THE NED, ROSÉ	YES	YES																		Y
MUD HOUSE, SAUVIGNON ROSÉ	NO	NO																		Y
VINO POMONA, ROSATO	NO	NO																		Y
JACK RABBIT WHITE ZINFANDEL 75CL	NO	NO																		Y
<b>LOVELY BUBBLY</b>																				
JACK RABBIT, PROSECCO	YES	YES																		Y
JAM SHED, SPARKLING ROSÉ	NO	NO						Y	Y											Y
VINA POMONA PROSECCO	NO	NO																		Y
ROSÉ PROSECCO	NO	NO																		Y
PROSECCO FOR ONE	NO	NO																		Y
<b>SPRITZERS</b>																				
FRENCH 75 WITH A TWIST	NO	NO																		Y
BRAMBLE SPRITZ	NO	NO																		Y
RASPBERRY & BLOOD ORANGE SPRITZ	NO	NO																		Y
<b>BEER &amp; CIDER FROM THE TAP</b>																				
CARLING	NO	NO	Y			Y														
COORS LIGHT DRAUGHT	NO	NO	Y			Y														
STELLA ARTOIS 50L KEG	YES	YES				Y														
MADRI EXCEPCIONAL	NO	NO	Y			Y														
MORETTI 50L	YES	YES				Y														
GUINNESS	NO	NO				Y														
STRONGBOW DGT NEW	YES	YES				Y						Y								
TENNENTS LAGER DGT (SCOTLAND ONLY)	NO	NO	Y			Y														
BELHAVEN BEST (SCOTLAND ONLY)	NO	NO				Y														
HARP (NORTHERN IRELAND ONLY)						Y														
CARLSBERG (NORTHERN IRELAND ONLY)	YES	YES				Y														
ROCKSHORE IRISH LAGER (NORTHERN IRELAND ONLY)						Y														
SMITHWICKS (NORTHERN IRELAND ONLY)						Y														
HOP HOUSE 13 (NORTHERN IRELAND ONLY)	YES	YES				Y														
GUINNESS (NORTHERN IRELAND ONLY)	YES	YES				Y														

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			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ADD A CHASER TO YOU PINT</b>																				
BELLS 70CL	YES	NO																		
JAMESON IRISH WHISKEY	YES	YES																		
JACK DANIELS NO.7	YES	YES																		
<b>OTHER BEER &amp; CIDER</b>		SEE BOTTLE FOR ALLERGENS																		
<b>HOUSE SODAS</b>																				
LEMON SHERBET	YES	YES																		
RASPBERRY	YES	YES																		
WATERMELON	YES	YES																		
POSH LIME & SODA	YES	NO											Y							
RASPBERRY, RHUARB & ORANGE BLOSSOM SODA	YES	NO																		
<b>DRAUGHT SOFT DRINKS</b>																				
DIET COKE	YES	YES																		
COCA COLA ZERO SUGAR	YES	YES																		
SCHWEPPES DIET LEMONADE 12L	YES	YES																		
FANTA ORANGE ZERO	YES	YES																		
SPRITE ZERO	YES	YES																		
FLAVOURED SHOTS CHERRY 2LTR BIB	YES	YES																		
FLAVOURED SHOTS LIME 2LTR BIB	YES	YES																		
FLAVOURED SHOTS VANILLA 2LTR BIB	YES	YES																		
COCOA COLA CLASSIC 12L	YES	YES																		
<b>OTHER SOFT DRINKS</b>		SEE BOTTLE FOR ALLERGENS																		
<b>HOT DRINKS</b>																				
LATTE	YES	NO											Y							
CAPPUCCINO	YES	NO											Y							
FLAT WHITE	YES	NO											Y							
BLACK AMERICANO	YES	YES																		
WHITE AMERICANO	YES	NO																		
ESPRESSO	YES	YES																		
DOUBLE ESPRESSO	YES	YES																		
HOT CHOCOLATE	YES	NO																		
HOT CHOCOLATE WITH CREAM	YES	NO																		

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			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TEA</b>																				
SEMI SKIMMED MILK	YES	NO							Y											
PG TIPS ENGLISH BREAKFAST TEA	YES	YES																		
PG TIPS PEPPERMINT TEA	YES	YES																		
PG TIPS RASPBERRY TEA	YES	YES																		
PG TIPS CAMOMILE TEA	YES	YES																		
PG TIPS GREEN TEA	YES	YES																		
MINOR FIGURES BARISTA OAT	YES	YES				Y														
<b>SYRUPS</b>																				
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP	YES	YES																		
SWEETBIRD VANILLA SUGAR FREE SYRUP	YES	YES																		
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP	YES	YES																		
<b>AFTER DINNERS DRINKS</b>																				
TOFFEE NUT LATTE	YES	NO							Y											
BLACK FOREST HOT CHOCOLATE	YES	NO					Y		Y			Y								
IRISH COFFEE	YES	NO							Y											
BAILEYS LATTE	NO	NO							Y											